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Clinical Development of Gene Therapies: The First Three Decades and Counting.

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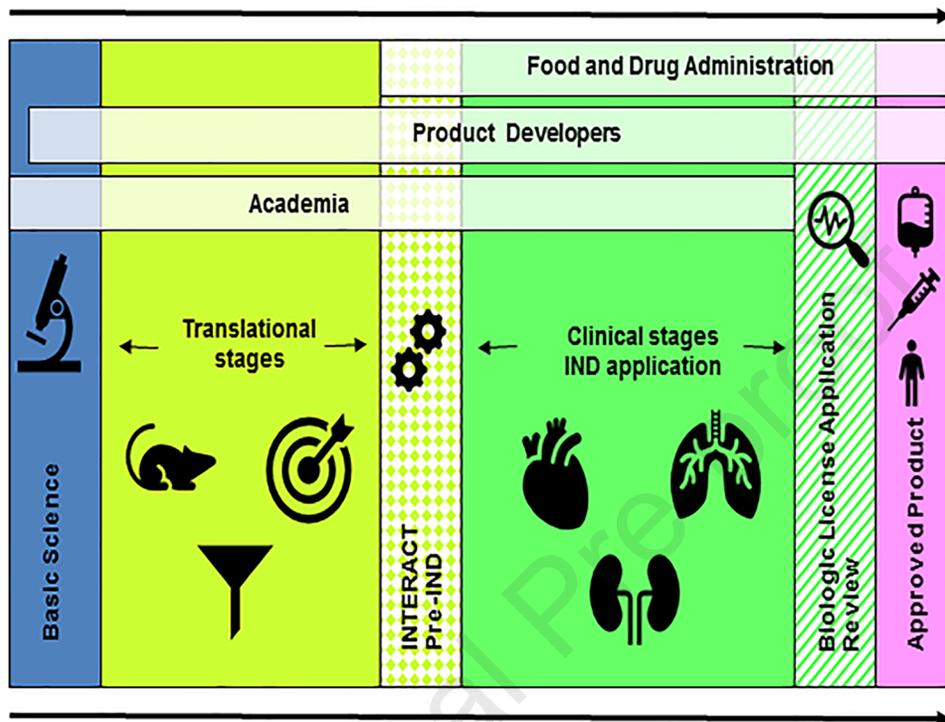
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Gene Therapy Product Development



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2 Counting.

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28 **ABSTRACT**

29 In the past three decades the field of gene therapy has made remarkable progress surging from
30 mere laboratory experiments to FDA-approved products which bring significant reduction in
31 disease burden to patients who previously had no therapeutic options for their serious conditions.
32 Herein, we review the evolution of the gene therapy clinical research landscape and describe the
33 gene therapy product development programs evaluated by the Food and Drug Administration in
34 Investigational New Drug applications received in 1988 - 2019. We also discuss the clinical
35 development programs of the first six oncolytic and gene therapy products approved in the
36 United States.

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48 INTRODUCTION

49 More than 150 years of research and discovery have elapsed between Gregor Mendel's pea
50 crossing experiments and the therapeutic use of gene therapies in clinical practice. The hope and
51 promise of curing human diseases have continued to drive the many scientific and technological
52 advances, along with the societal and policy considerations, which made the development of
53 gene therapies possible.

54 Human gene therapy products include all products that mediate their effects by transcription or
55 translation of transferred genetic material, or by specifically altering human genetic sequences.
56 Examples include nucleic acids (e.g., plasmids, in-vitro transcribed ribonucleic acid), genetically
57 modified microorganisms (e.g., viruses, bacteria, fungi), engineered site-specific nucleases used
58 for human genome editing, and ex-vivo genetically modified human cells.¹ Gene therapy
59 products intended for therapeutic purposes that are currently used in both clinical research and
60 clinical practice exert their effects on somatic cells. Hence, the treatment results are limited to
61 the treated individuals and not passed on to their offspring.

62 Gene therapy products intended to treat human diseases are regulated as biological products.¹ In
63 the U.S., conducting human research with an investigational new drug or biological product
64 requires submission of an Investigational New Drug (IND) application to the Food and Drug
65 Administration (FDA). In addition to assuring safe and ethical use of investigational products,
66 the IND application pathway permits FDA and IND sponsors to exchange pertinent information
67 and facilitate product development. In 1974, the National Institutes of Health (NIH) established
68 the Recombinant DNA Advisory Committee (RAC) to provide recommendations and be a public
69 forum for discussion of the scientific and ethical issues related to research involving recombinant
70 nucleic acid molecules. In the 1980s, the Human Gene Therapy Subcommittee of the RAC was

71 created to review and discuss gene therapy clinical trials. Carefully embracing innovation, NIH
72 through its RAC and FDA through its IND pathway independently reviewed clinical protocols
73 for gene therapies proposed between 1988 and 2018. Once the field had advanced and the
74 experience had grown, NIH and FDA collaboratively made a call for change. In 2018, while
75 FDA maintained the oversight of gene therapy clinical trials, NIH refocused the RAC's role to
76 provide advice on issues associated with emerging biotechnologies and renamed the RAC the
77 Novel and Exceptional Technology and Research Advisory Committee (NExTRAC).^{2,3}

78 The submission of an IND application to FDA signifies the IND sponsor's intent to begin
79 clinical studies. During development many factors can change the course of a product program,
80 which may vary from expediting the development,^{4,5} to repurposing for another disease, to
81 discontinuing the program. When safety or critical trial design issues arise, FDA may place an
82 IND application on hold, which can be subsequently lifted following acceptable responses to the
83 issues that led to the hold. If no study activity occurs for ≥ 2 years, the IND application becomes
84 inactive. Either FDA or the sponsor can discontinue the IND application: FDA by terminating
85 for various reasons including safety and product quality concerns, and the sponsor by
86 withdrawing for safety issues, lack of efficacy, manufacturing problems, or a business decision
87 to discontinue the program.⁶ Sponsors intending to license their products must generate data that
88 provide substantial evidence of effectiveness and safety to support the regulatory approval.

89 Throughout its history, the field of gene therapy has experienced many failed products: some for
90 absence of therapeutic effects, some for serious adverse events. One of the most tragic events in
91 gene therapy clinical research was the death of Mr. Jesse Gelsinger, an 18-year-old participant in
92 a trial investigating an adenoviral vector-based gene therapy carrying a normal ornithine
93 transcarbamylase (OTC) gene for the treatment of X-linked OTC deficiency.⁷

94 In response to this event, FDA and other stakeholders working with gene therapies undertook a
95 series of steps to ensure that all gene therapy IND sponsors strengthen the systems they had in
96 place for product quality assurance and clinical trial oversight and monitoring. In March 2000,
97 FDA issued the “Gene Therapy Letter” to sponsors of all gene therapy INDs, requesting to
98 submit yearly reports summarizing various aspects of their product development, including
99 product quality, manufacturing, animal safety, and clinical trial conduct. For the next 14 years,
100 sponsors of gene therapy INDs submitted their product, preclinical, and clinical information to
101 FDA for evaluation and feedback. Public advisory committee meetings were held at the time to
102 discuss the information received and identify ways to address common issues experienced in the
103 field.⁸

104 In addition, administration of some retroviral vector-based products caused leukemia and clonal
105 cell proliferation in the early trials investigating therapies for X-linked severe combined
106 immunodeficiency,^{9,10} Wiscott-Aldrich syndrome,¹¹ and X-linked chronic granulomatous
107 disease.¹² These observations prompted the field^{13,14} and the regulators^{15,16} to make
108 improvements in the risk-based approach to vector integration studies with evaluating vector
109 replication potential and employing in-vitro and in-silico analytical methods for identification of
110 potential off-target effects, along with the long-term follow-up (LTFU) of patients receiving
111 gene therapies.¹⁷

112 During that time, FDA published a series of guidance documents relevant to gene therapy
113 products, developed additional educational resources,¹⁸ and participated in numerous outreach
114 activities broadly applicable to gene therapies. It took the gene therapy field more than a decade
115 to recover from the consequences of the observed serious adverse events, reconsider many

116 aspects of gene therapy product development, and continue the quest for cures for devastating
117 genetic diseases.

118 Despite the setbacks much progress has been made over the years, leading to greater realization
119 of the therapeutic potential of gene therapies. In this article we describe the IND applications
120 with gene therapy product development programs received by the Office of Tissues and
121 Advanced Therapies (OTAT) and its predecessor offices in the Center for Biologics Evaluation
122 and Research (CBER) at FDA in years 1988 - 2019. We discuss the evolution of the gene
123 therapy clinical research landscape and take a closer look at the programs of the approved
124 marketed products. In summarizing more than 30 years of data for the field of gene therapy we
125 hope to share our experience and to highlight the unique aspects of this field of research, while
126 supporting further development of these novel treatments.

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136 **LANDSCAPE OF PRODUCT DEVELOPMENT**

137 Over the three decades, there has been a gradual increase in the IND applications with gene
138 therapy product development programs submitted to FDA, a trend reflective of the overall
139 growth of this field (Fig. 1). The first IND application involving genetic modification came to
140 FDA in 1988 and investigated tumor-infiltrating lymphocytes (TILs) obtained from tumors of
141 patients with advanced refractory melanoma. As an initial step in innovation, this first program
142 tested only the possibility of gene transfer, cell survival, and trafficking, and not the therapeutic
143 potential of gene correction. The investigation sought to examine the effects of TILs modified
144 ex-vivo by transduction with a retroviral vector containing a gene encoding for neomycin
145 resistance (NeoR). The purpose of modifying the autologous TIL genome with NeoR gene was
146 to mark these cells for both selection of TILs during product manufacturing and detection of
147 TILs in blood and tumor samples of the treated patients.¹⁹

148 That first trial achieved important goals. The ex-vivo transduction of autologous cells, their
149 growth in culture, and administration to patients in the clinical setting were all shown to be
150 feasible. The infused genetically modified cells survived, circulated in the bloodstream, and
151 homed to the target tumor tissue. Nonetheless, the product later failed to demonstrate efficacy,
152 and the program was eventually discontinued. Yet, the execution of these first investigations
153 blazed the trail for subsequent clinical trials that would employ human gene transfer for
154 therapeutic purposes.

155 It was not until 2 years later, in 1990, when such proposals arrived: TILs transduced with a
156 retroviral vector carrying a Tumor Necrosis Factor gene to enhance the tumor lysis for the
157 treatment of metastatic melanoma,²⁰ and autologous lymphocytes transduced with a retroviral

158 vector carrying the gene encoding human adenine deaminase enzyme to treat, for the first time, a
159 genetic disorder-- severe combined immunodeficiency (SCID-ADA).²¹

160 In the ensuing years, new technologies of cellular transfection and nucleic acid delivery
161 continued to develop, leading to more products entering the clinical phase (Fig. 1). The influx of
162 programs submitted to FDA in IND applications steadily increased between 1988 and 1999,
163 followed by a visible decline with the nadir in 2002. The decline occurred after the fatal event in
164 the OTC deficiency study, for which the respective IND was placed on hold in 1999.⁷ The
165 subsequent slowdown in clinical investigations was reflected by the relatively level numbers of
166 IND applications submitted between 2003 and 2012. For many reasons, including safety
167 concerns and the need for further research to reassess product characterization, manufacturing,
168 tissue delivery, and clinical monitoring, it took more than a decade for the field to regain its
169 momentum. Recent years, however, have shown remarkable growth: the number of product
170 programs initiating clinical studies doubled between 2012 and 2015, then again between 2015
171 and 2018, and continued to trend upward.

172 However, despite promising results in animals, many products failed in clinical studies. Over the
173 three decades, the higher rates of discontinued and inactive INDs were observed with the earlier
174 product programs (Table 1). On average, 97% of INDs submitted in the first decade halted
175 development following an average program duration of 8.6 years. Although most of these
176 product programs have been abandoned, some products may have been modified and repurposed
177 for future development. The rates of attrition remained high for IND applications submitted in
178 the second decade (67%) with an average duration of 7.5 years. Although attrition appears lower
179 in the last decade, it is expected to increase because insufficient time has elapsed for the recent
180 programs to interpret their products' effects or encounter issues with their development.

181 Notwithstanding, the knowledge accumulated in the field, the technological advances in product
182 manufacturing, and the growing experience with conducting clinical investigations with gene
183 therapies will likely help more products to be developed successfully.

184 The distribution of the ongoing gene therapy programs by therapeutic area is shown in Fig. 2.
185 One half of the programs aim to treat solid cancers (50%), followed by hematological
186 malignancies (20%), neurological (5%), eye (4%), and blood (4%) disorders, and infectious
187 diseases (3%). All other therapeutic areas combined (cardiac, pulmonary, endocrine,
188 dermatological, rheumatic, gastrointestinal, vascular, and other conditions) constitute the
189 remaining 14% of the ongoing gene therapy programs submitted in IND applications. Among the
190 ongoing programs, 59% include gene therapy products intended to treat rare diseases.

191 The scientific complexity of discovery and development of gene therapies is largely reflected in
192 that many product programs are initiated in academic institutions, by small groups of
193 researchers, or by academic spinoffs which become small biotechnology companies. For many
194 years, more INDs submitted each year came from academic entities (Fig. 3). The trend reversed
195 in 2016 when more applications were submitted by commercial sponsors. Overall, these recent
196 changes demonstrate that the field has matured to the point where the potential for
197 commercialization of gene therapies is now being realized by the biotechnology and
198 pharmaceutical sectors.

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203 GUIDANCE DOCUMENTS FOR GENE THERAPIES

204 As a science-based regulatory agency, FDA issues guidance documents intended to assist
205 stakeholders, including industry and academic sponsors, in the development of new therapies.
206 The issuance of guidances is a public process. During this process, FDA typically publishes a
207 draft guidance and requests public comments on the contents of the published draft. When the
208 period of public comments ends, the Agency reviews the comments, incorporates any necessary
209 revisions and publishes the final guidance. Once published, final guidances reflect FDA's
210 thinking on specific topics of product development. Final guidances can be updated or replaced
211 by newer recommendations to ensure that the regulatory advice is kept abreast of the scientific
212 progress.

213 Prior to arrival of any IND application for a gene therapy, FDA had anticipated the emergence of
214 the fields of cell and gene therapy and begun developing a guidance document to assist sponsors
215 of gene therapy products. After a few years of preparation, FDA published its first guidance in
216 this area, "Points to consider in human somatic cell and gene therapy, 1991". It outlined the
217 recommendations for characterization of cell populations, lot-to-lot manufacturing control and
218 release testing, preclinical studies, and considerations for clinical trials. As the field accumulated
219 experience, the first guidance was replaced by its next iteration in 1998.²²

220 As noted earlier, in the 1990s and the early 2000s, clinical research with gene therapies stumbled
221 upon the concerns about the potential for replication-competent retrovirus (RCR) arising from
222 gammaretroviral vector-based gene therapy products. The development of lymphomas in rhesus
223 monkeys administered hematopoietic stem cells transduced ex-vivo with a gammaretroviral
224 vector²³ and the subsequent observations of clonal cell proliferations in human studies,^{9,10} along
225 with many discussions in the field among the researchers and regulators, resulted in FDA's

226 publication of two guidance documents in 2006: one on testing for RCR in retroviral vector-
227 based gene therapy products and during follow-up of patients in clinical trials, and the other on
228 observing subjects receiving gene therapies for delayed adverse events. More than a decade later,
229 much scientific experience has accrued with substantial data on safety of retroviral vectors,
230 including implementation of changes with different vector designs and the use of split plasmids
231 and other methods, utilization of vector-producing cells, RCR detection assays, and patient
232 monitoring. As the field continued to adopt more rigorous testing, safer vector designs,
233 improved manufacturing, and the long-term clinical follow-up, FDA yet again reevaluated its
234 approach to ensure that the rigor of product evaluation is balanced by the release from any
235 outdated recommendations. In January 2020, FDA issued three guidance documents, two of
236 them replaced the previous guidances from 2006 with more streamlined and less burdensome
237 recommendations on RCR testing and LTFU,^{16,17} and one provided the most up-to-date
238 recommendations on the information to be included in the Chemistry, Manufacturing, and
239 Control module of IND applications for gene therapy products.¹

240 The experience gained from the early product failures and improvements that followed have
241 paved the way to the more active research and development of novel gene therapies in the latest
242 decade. Since 2010, FDA has continued issuing more guidances on different aspects of product
243 evaluation, including design and analysis of vector shedding studies,²⁴ development of microbial
244 vectors,²⁵ environmental assessment for gene therapies and other related recombinant products,²⁶
245 preclinical evaluation of cell and gene therapies,²⁷ and design of early phase clinical studies for
246 these products.²⁸ More recently, additional work and successful experience with clinical
247 research in some therapeutic areas catalyzed issuance of disease-specific guidances in blood and
248 retinal disorders.^{29,30} Recognizing a significant impact of gene therapies on the treatment of rare

249 diseases, FDA also published guidances to assist stakeholders developing products for rare
250 diseases.^{31,32}

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268 PRODUCT CATEGORIES

269 The product categories most frequently investigated over the first three decades of clinical
270 research with gene therapies included genetically modified (GM) cells, plasmids, retroviral,
271 adenoviral, adeno-associated viral (AAV) and microbial vectors and, more recently, products
272 incorporating genome-editing technologies (Fig. 4). Other technologies, including herpes
273 simplex virus (HSV), vaccinia, poxviridae, and other constructs, have also been used for gene
274 delivery but individually contributed small percentages to the application pool.

275 A majority of gene therapy products that went into clinical development were ex-vivo GM cells,
276 including lymphocytes, bone marrow derived cells, hepatocytes, fibroblasts, and autologous
277 tumor cells. In fact, all programs initiated in 1988-1991 were with GM cells. Only later was in-
278 vivo administration of vectors proposed, due to concerns about the risks of unintended
279 transfection of off-target cells. In the earlier years, GM cells transduced with retroviral, plasmid
280 and, later adenoviral, vectors carrying genes of interest were the dominant design of most
281 clinically researched gene therapy products.

282 Some of the early programs with plasmid transfection were proposed in 1992. Due to their low
283 risk for genome integration, plasmids were considered safer than viral vectors. However, their
284 short half-life, particularly in dividing cells, along with variable transfection efficiency and other
285 factors, limited their use. The use of plasmids expanded from the late 1990s through early 2000s,
286 but then shrank in the last decade giving way to other product types. Nonetheless, plasmid-based
287 gene delivery remains widely employed in both manufacturing and clinical gene therapy
288 applications.

289 In 1993, clinical studies with in-vivo administration of retroviral vectors were proposed.
290 Retroviral vectors can integrate into the human genome which enables their long-lasting effects.
291 Early programs used primarily gamma-retroviral vectors transducing dividing cells. Later,
292 lentiviral vectors became more widely used for ex-vivo transduction as they also transduce non-
293 dividing cells. Despite the wide use of retroviral vectors in ex-vivo genetic modification of cells,
294 their use for in-vivo gene delivery has been limited by concerns about vector replication¹⁶ and
295 insertional mutagenesis.⁹⁻¹² In the early 2000s, these concerns led to a shift toward vectors and
296 vector designs with lower potential for these risks. As shown in Fig. 4, following earlier modest
297 use of in-vivo administered retroviral vector-based products, only a few of these programs were
298 in development after 2000 and mainly included lentiviral vectors which underwent genetic
299 modifications for replication incompetency and testing in integration studies for off-target
300 effects. In the last two decades, the use of retroviral vector-based products has decreased,
301 ranging from 6% to 1% of the respective IND pools in the years received.

302 The first programs with recombinant adenoviral vector-based products also appeared in 1993.
303 Owing to their consistent efficiency of gene transfer and good tropism for pulmonary and other
304 tissues, adenoviral vectors were one of the primary product types used for gene delivery in the
305 late 1990s and early 2000s. Their use had gradually decreased from 28% in 1998 to 6% in 2019
306 for various reasons, among them the ability to trigger severe immunogenic and inflammatory
307 responses.⁷ More recently, adenoviral vectors have continued to find their application in different
308 therapeutic areas.

309 Development of recombinant AAV vectors in the late 1980s enabled their use in gene therapies
310 with first clinical proposals appearing in 1995. AAV, unlike other viral vectors, requires the
311 presence of a “helper” virus³³ as well as AAV genes (*rep* and *cap*) in trans to enable AAV vector

312 replication. Although AAV has a relatively simple genome, vector manufacturing had been
313 complicated for a long time by the need for the second “helper” virus, low vector yield, and the
314 difficulty in removing manufacturing impurities such as empty capsids, plasmid- and host cell
315 DNAs. Several recent manufacturing advances have both increased the yield and improved the
316 quality of AAV vectors. Non-pathogenic during native infection, available in multiple serotypes,
317 and exhibiting wide tissue tropism, AAV vectors are attractive for pseudotyping and capsid
318 modification that can be optimized to target specific tissues, including neural and muscular.
319 Because wild type AAV is encountered in childhood, an adaptive immune response with
320 production of neutralizing antibodies has been one of the issues hindering development of AAV-
321 based gene therapies. Selection of serotypes, screening for antibody status, investigation of
322 immunogenicity in preclinical studies, and utilization of various immunosuppressive regimens
323 have considerably improved clinical use of AAV vectors. Their research penetration began
324 slowly, with fewer programs initially reaching clinical trials, but increased over time ranging
325 from 14% to 28% and comprising the largest category of viral vector-based therapies in the past
326 6 years.

327 Microbial vectors have been in clinical research since the early 2000s. They include bacteria
328 genetically modified to express human genes of interest in the target cells and tissues. One of the
329 early products of this type was genetically modified *Salmonella Typhimurium* to treat advanced
330 cancers.³⁴

331 Initial proposals for clinical trials employing genome-editing technologies date back to 2009.³⁵
332 Most genome-editing technologies used in clinical studies are based on the ability to induce
333 double-stranded DNA breaks in nuclease-dependent or nuclease-independent manner in precise
334 locations followed by repair of the broken DNA with endogenous processes through homology-

335 directed repair (HDR) and non-homologous end-joining (NHEJ). The earlier genome-editing
336 technologies used introduction of zinc finger-guided nucleases (ZFNs) or transcription activator-
337 like effector-guided nucleases (TALENs) into the cells of interest. A more recent advancement is
338 the clustered regularly interspaced short palindromic repeats (CRISPR) and CRISPR-associated
339 protein (Cas) systems for which various types of intracellular delivery can be used, including
340 viral vector delivery and electroporation. In June 2016, the RAC publicly discussed the first trial
341 with CRISPR technology³⁶ generating both scientific and ethical debates in the field. Similar to
342 the initial developmental stages of the gene therapy field, most current products employing
343 genome-editing technologies are ex-vivo GM cells.

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355 OVERCOMING TRANSLATIONAL CHALLENGES

356 Initiation of clinical studies under an IND application is an important first step in the translation
357 of scientific discovery and research from bench to clinical outcomes at bedside. In product
358 development programs that successfully transition from the laboratory to the clinical stage,
359 critical product development issues are recognized and addressed early on.

360 At the preclinical stage, it is important to have a good understanding of the disease
361 manifestations and course of progression, the underlying genetic variations, and the pathogenetic
362 mechanisms. Bypassing the critical knowledge of the disease and targeting only the pathway
363 directly affected by a product may limit product development and negatively impact the design
364 of subsequent clinical investigations. Reproducible and accurate demonstration of functional
365 activity and potency of the investigational product are weighty milestones in product
366 characterization and must be done well and sufficiently early to further enable successful product
367 development. Control for impurities, particularly with viral vector production, and early
368 identification of any potential off-target effects of gene therapies help shape the product toxicity
369 profile at the preclinical stage and optimize the approach to safety monitoring during subsequent
370 clinical investigations. Establishment and validation of adequate assays for product
371 characterization and lot release along with delineation of the critical quality attributes are other
372 important parts of successful transition into the clinical stage.

373 The translation of a product development program from bench to bedside also depends on the
374 preclinical studies. Data generated in appropriately designed studies in biologically relevant
375 animal species and disease models, as well as use of in-vitro and in-silico evaluations, serve to
376 demonstrate proof-of-concept and describe product biodistribution and safety to justify
377 proceeding to clinical studies. A well-conducted preclinical program will inform selection of a

378 potentially safe starting clinical dose and dose escalation regimen, support patient eligibility
379 criteria, and help identify future elements of clinical monitoring.

380 Upon submission of an IND application, design of the first-in-human studies must not only
381 address the anticipated safety concerns but also incorporate safeguards for recognition and
382 management of any unexpected events. Other important features that support both transition into
383 the clinical stage and efficiency of the overall product development program are adequate study
384 design and selection of clinically meaningful, reliable endpoints even for the preliminary
385 evaluation of product efficacy. To this end, early partnership with patient communities to
386 determine the clinical impact of the disease and support study recruitment can become an asset to
387 any new product development program. Finally, successful transition into the clinical stage
388 requires knowledge of the regulatory processes for opening an IND application. Because many
389 initial studies with gene therapies historically come from academic institutions, the investigators
390 conducting the research usually assemble IND packages and become IND sponsors. In order to
391 reduce the burden on IND sponsors, FDA issues guidance documents and provides educational
392 and other resources available to stakeholders seeking to open an IND application.

393 To foster development of new therapies, FDA has put in place different procedures enabling
394 sponsors to meet with the Agency and ask questions before IND submission. Sponsors may
395 request a pre-IND meeting to receive regulatory advice and expert recommendations from
396 different review disciplines for any concerns specific to their products. In addition, based on the
397 increasing numbers of novel gene therapies developed for various clinical indications, reviewers
398 from OTAT and its predecessor office (Office of Cellular, Tissue, and Gene Therapies- OCTGT)
399 recognized the importance of an earlier interaction with sponsors on issues of product
400 manufacturing and design of preclinical studies. Thus, a communication initiative called 'pre-

401 pre-IND interaction' was started approximately 15 years ago and subsequently evolved into the
402 INitial Targeted Engagement for Regulatory Advice on CBER productTs (INTERACT) meeting
403 program. INTERACT meeting is an informal non-binding communication and advice intended
404 for innovative investigational products at an early stage of development on issues that are not yet
405 at the pre-IND meeting phase.³⁷ Acknowledging the rapid development of novel manufacturing
406 technologies, CBER established another process enabling stakeholders to request meetings with
407 CBER Advanced Technologies Team (CATT)³⁸ in order to promote dialogue, education, and
408 input between CBER and prospective innovators and developers of advanced manufacturing
409 technologies to discuss issues related to the implementation of these technologies in the
410 development of novel products.

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421 APPROVED ONCOLYTIC AND GENE THERAPIES

422 To date, six products with genetic modifications have been approved by FDA: an oncolytic viral
423 therapy,³⁹ three autologous CAR T cell therapies,^{40,41,42} and two AAV vector-based therapies.^{43,44}

424 Talimogene laherparepvec is a genetically modified replication competent HSV virus which acts
425 by infecting tumor cells and producing viral-induced cell lysis. Although it was approved as
426 oncolytic viral therapy,³⁹ the product's construct contains genetic modifications, therefore we
427 include the description of its development program in this section.

428 Several characteristics of these product programs are shown in Table 2. All six products were
429 developed to treat serious and rare diseases and addressed unmet medical needs. Consistent with
430 the trend in the field, these programs are examples of early development taking place in
431 academic centers with five initiated as academic research INDs and one as a commercial IND
432 started by an innovator biotechnology company. For each of these programs, the 3-4-year time
433 before approval marked the IND transfer to a new commercial sponsor; two had another change
434 of sponsor <1 year before approval.

435 The time from the IND submission to approval ranged from 6 to 12 years. This time, however,
436 does not account for the gargantuan work that goes into engineering a product, establishing a
437 controlled manufacturing process, and conducting preclinical studies. While the years from IND
438 initiation to approval represent a visible part of the proverbial iceberg, a much less recognized
439 aspect of making a new product is the availability of other technological, scientific, and clinical
440 knowledge that plays a catalytic role in the development of a novel treatment. For example, the
441 prototype construct for talimogene laherparepvec was described in 2003, but some experimental
442 work that supported this construct dated back to the early 1990s.⁴⁵ Similarly, some of the ground

443 work for the chicken β -actin promoter used in the approved AAV-based products was conducted
444 more than two decades before the respective clinical programs were initiated.⁴⁶ In CAR T cell
445 development,⁴⁷ the concept of using genetically modified lymphocytes to treat hematological
446 malignancies was supported by the observations of immunocompetent donor T cells mediating
447 antileukemic effects, which were made almost 40 years before approval of CAR T products.⁴⁸
448 Subsequently, the first notable reports on what would become CAR T cells appeared in the late
449 1980s.^{49,50} The first-generation CARs, although able to recognize antigens on the target tumor
450 cells, failed to work in the absence of costimulatory signaling. Over the years, the design of
451 CARs had to undergo modifications to first include and then optimize the costimulatory and
452 cytoplasmic signaling domains before the desired antitumor effect of the approved CAR T cells
453 was achieved.

454 As shown in Table 2, all six products demonstrated clinical benefit with large quantitative or
455 previously unseen qualitative therapeutic effects. Each product program included one pivotal
456 study and supportive confirmatory evidence, overall demonstrating the substantial evidence of
457 product effectiveness which formed the basis for approval. Notwithstanding, all product
458 programs had other clinical studies conducted during development, some with the final product
459 and some with its earlier versions. When significant manufacturing changes were made during
460 product development, comparability studies had to be conducted. Natural history (NH) data were
461 used in two programs: for RPE65-associated retinal dystrophy, NH data helped understand the
462 progression of blindness and supported the development of a novel trial endpoint; for spinal
463 muscular atrophy, NH data provided a valid comparison with outcomes of the progressive
464 disease.^{51,52}

465 Various regulatory incentives were used for these programs to expedite their development: fast
466 track, breakthrough, and orphan disease designations; three out of six were granted the rare
467 pediatric disease voucher, and one product received accelerated approval. Consistent with the
468 recommendations for the long-term follow-up (LTFU),¹⁷ patients treated with gene therapies
469 continue to be followed clinically after product approval. The LTFU is separate from the
470 requirement to conduct post-marketing studies evaluating risks of infections with talimogene
471 laherparepvec³⁹ and secondary malignancies with CAR T products.⁴⁰⁻⁴² Sponsors of the CAR T
472 products have implemented risk evaluation and mitigation strategies to manage cytokine release
473 syndrome and neurotoxicity associated with these treatments.

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485 CONCLUSIONS AND PERSPECTIVES

486 In this article we presented the evolution of gene therapy clinical product development as
487 witnessed by FDA since the beginning of clinical research with gene therapies. In addition to the
488 extraordinary scientific advances and the great clinical advantages offered by this field, its story
489 is remarkable for the ability to overcome challenges and realize successes. Thirty-two years after
490 the first clinical study with gene transfer into humans, six approved products are available to
491 benefit patients with serious diseases. Despite the many failures in the early decades, the field
492 continues to grow with increasing numbers of products tested in clinical trials. Not all of them
493 will reach the market with proven safety and effectiveness, but those that become approved and
494 continue showing beneficial treatment effects and safety after approval will be welcome
495 additions to the therapeutic options for patients with serious diseases. The scientific progress
496 made over the years will continue furthering the field's interdependent components. More
497 systems will be created around storage and manufacturing of quality cell banks and viral banks
498 used for production of genetically modified cells and vectors. As the gene therapy field is
499 actively looking for improvements in the capabilities of cell and vector production to reduce
500 costs and increase outputs, an eventual rebalancing of the economic value of product
501 manufacturing will decrease the barriers to entry into the field and attract more researchers and
502 companies to use the available technologies for targeting new treatments. At the same time, the
503 backbone of the gene therapy research in academic institutions and biotechnology companies
504 will continue refining vector designs to improve target delivery of gene therapies to the intended
505 cells and tissues and to enable evasion of the immunological responses, thus improving efficacy
506 and safety of new products at the stage of design. Newer technologies of genome editing which
507 already made their rapid entry into the field will continue being rigorously researched to better

508 understand their safety and long-term effects. In-silico computational methods for identification
509 of off-target effects and various types of modeling will further penetrate the different domains of
510 product development. On the clinical side, assurance of safety and sufficiently large treatment
511 effect of gene therapies will continue influencing study designs allowing FDA to exercise the
512 flexible and feasible approaches to support efficient product development and expedite
513 availability of new treatments to patients. To monitor the increasing numbers of patients treated
514 with gene therapies, disease- or product-based registries will be created or consolidated from the
515 existing venues with likely transition of patient care from researchers to regular healthcare
516 practitioners. New challenges will undoubtedly appear along the way and yet again will require
517 multifaceted and collective problem solving.

518 Consistent with the FDA's mission of protecting and promoting public health, OTAT will
519 continue implementing science-based and data-driven policies and undertaking measures to
520 facilitate safe and ethical development, timely availability, and safe use of novel gene therapies.
521 In addition to issuing guidance documents and providing advice to sponsors at all stages of
522 product life cycle, we collaborate with stakeholders in the field and various national and
523 international organizations to address challenging areas for gene therapies, including standards
524 development, vector manufacturing,⁵³ immunogenicity,⁵⁴ and development of individualized
525 therapeutics,⁵⁵ among many others.

526 As the field of gene therapies continues to grow, improvements in the economies of scale and
527 scope for vector production and product manufacturing, fine-tuning of genome-editing
528 technologies, and ascertaining the dominant designs of transgene delivery systems will likely
529 become the next catalytic steps critical for this industry. Moving forward, as the first-approved
530 gene therapies are replaced by next generation constructs with improved safety profiles and

531 enhanced effectiveness, their clinical use will be optimized further. Patients with serious
532 conditions, including rare genetic disorders that were once considered incurable, will have the
533 greatest potential to benefit from the next frontiers in the development of gene therapies.

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Journal Pre-proof

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554

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561

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563

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737 LIST OF FIGURE CAPTIONS

738 Figure 1: IND applications for gene therapy product programs submitted in 1988-2019

739 The shaded area (all colors) corresponding to each year represents the total number of IND
740 applications with gene therapy product development programs submitted that year

741

742 Figure 2: Distribution of all ongoing IND applications by therapeutic area

743

744 Figure 3: Trends in IND applications sponsored by academic and commercial entities

745

746 Figure 4: IND applications by product categories submitted in 1988-2019

747 GM cells- genetically modified cells without the use of genome-editing technologies, RV-

748 retroviral vectors, AV- adenoviral vectors, AAV- adeno-associated viral vectors, PL- plasmids,

749 MV- microbial vectors, GE- products with genome-editing technologies including both GM cells

750 and in-vivo genetic constructs

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Table 1: Rates of attrition of IND applications with gene therapy product programs by year 2019

submitted in:	rates of attrition		
	for any program	for commercial program	for academic program
^a 1988-1998	^b 97%	96%	98%
1999-2008	^c 67%	61%	71%
^a 2009-2019	^d 13%	10%	15%

^a11 years included: no INDs were submitted in 1989; year 2019 added to the third decade

^bprogram duration, mean = 8.6 years, range [<1; 24]

^cprogram duration, mean = 7.5 years, range [<1; 19]

^daverage program duration is too early to calculate

Table 2: Features of the development programs for six approved oncolytic and gene therapy products

	Talimogene Laherparepvec	Tisagenlecleucel	Axicabtagene Ciloleucel	Voretigene Neparvovec	Onasemnogene Apeparvovec	Brexucabtagene Autoleucel
Indication ^a to address unmet medical needs	recurrent melanoma	relapsed and refractory ALL	relapsed and refractory DLBCL	retinal dystrophy	spinal muscular atrophy	relapsed and refractory MCL
Serious disease	√	√	√	√	√	√
Rare disease	√	√	√	√	√	√
Product construct	Oncolytic HSV with transgene for GM-CSF	T ^b cells with CAR to CD19 transduced with LV vector	T ^b cells with CAR to CD19 transduced with γ-RV vector	AAV2 vector with transgene for RPE65	AAV9 vector with transgene for SMN1	T ^b cells with CAR to CD19 transduced with γ-RV vector
Route of administration	intralesional	intravenous	intravenous	subretinal	intravenous	intravenous
Significant modifications in product manufacturing during development	√	√	√	√	√	√
Product comparability studies completed	√	√	√	√	√	√
Non-clinical studies conducted	In-vitro studies with the human product and in-vivo (TB and non-TB rodents) studies with an analogous murine product to assess AT activity, safety, and BD after IT and IV administration	In-vitro and in-vivo (TB and non-TB rodents) studies to assess specificity, AT activity, safety, and BD after IV administration	In-vitro studies with the human product and in-vivo (TB rodents) studies with an analogous murine CAR construct to assess specificity, AT activity, and safety after IV administration	In-vivo studies in RPE65 mutant and normal-sighted dogs, and normal-sighted NHP to evaluate POC ^c , safety, immunogenicity, and BD after single and repeat SR administration	In-vivo studies in a murine spinal muscular atrophy model, healthy mice, and NHP to evaluate POC ^d , safety, and BD after single IV administration	In-vitro studies with the human product and in-vivo (TB rodents) studies with an analogous murine CAR construct to assess specificity, AT activity, and safety after IV administration
Clinical studies demonstrating the primary evidence of effectiveness [number of patients (n), study duration ^e]	One multicenter trial [n=436, ~3.75 years]	One multicenter trial [n=88, ~1.75 years]	One multicenter trial [n=111, ~2 years]	One two-center trial with crossover of control to treatment at 1-year followed up to 2 years of observation [n=31, ~4 years]	One multicenter ongoing trial with external control from natural history data [n=21, ~1.5 years]	One multicenter ongoing trial [n=74, ~3.25 years]
Open-label	√	√	√	√	√	√
Randomized, two-arm, with concurrent control	√ product vs. GM-CSF			√ product vs. observation control		
Single-arm		√	√		√	√
Novel primary endpoint				√	√	
Natural history data used				√	√	
First-in-human study in children		√		√	√	

Time from initial IND to approval	10 years	8 years	9 years	10 years	6 years	12 years
Type of initial IND	Commercial	Academic research				
Fast Track Designation at ~years before approval	√ 4 years				√ 6 years	
Breakthrough Designation at ~years before approval		√ 1.5 years	√ < 2 years	√ 3 years	√ 3 years	√ 2 years
Orphan Product Designation at ~years before approval	√ 4 years	√ 3 years	√ 3 years	√ 1 year	√ 5 years	√ 4 years
Rare Pediatric Disease Voucher		√		√	√	
Accelerated Approval						√
Review cycle duration	15 months	7 months	6.5 months	7 months	8 months	7.5 months
Approved in 1 st review cycle	√	√	√	√	√	√
Post-marketing LTFU	√	√	√	√	√	√
PMR safety study	√	√	√			√
Risk Evaluation and Mitigation Strategy		√	√			√

ALL- acute lymphoblastic leukemia, DLBCL- diffuse large B cell lymphoma, MCL- mantle cell lymphoma, GM-CSF- granulocyte-macrophage colony-stimulating factor, RPE65- retinal pigment epithelium protein, SMN1- survival motor neuron 1 protein, BD- biodistribution, IV- intravenous, IT- intratumoral, SR- subretinal, AT-antitumor, HSV- Herpes Simplex Virus, CAR- chimeric antigen receptor, LV- lentiviral, RV- retroviral, AAV- adeno-associated viral, POC- proof-of-concept, TB- tumor-bearing, NHP- non-human primates, LTFU- long-term follow-up, PMR- post-marketing requirement

^aonly first approved indications are included;

^bautologous; ^ccell targeting, vision and behavior; ^dcell targeting, survival, and motor function;

^estudy duration represents an approximate time from enrollment of the first patient to the data cutoff accepted for evaluation in the marketing application.

